

Cash's Cracked Wheat Bread for the Bread Machine

Dallas, Texas

- 1 C. Warm water
- ½ C. Milk
(Mix water and milk together and warm to about 115° to 120°)
- 1¾ t. Salt
- 2 T. Butter
- 2 T. Sugar
- ¾ C. Honey
- ¾ C. Molasses
(Mix with water and milk and then pour into your bread machine. This mixture needs to be warm, not hot.)

Add:

- 4 C. White Flour

Optional:

- 1 C. Cracked Wheat
- ½ C. Golden Flax Seed

Add after the bread machine has already begun to mix the dough in earnest, and then sprinkle the combined cracked wheat and flax seed. If added too early, they will soak up the liquid. If you decided to not add the cracked wheat and flax seed, you will need to reduce your honey and molasses to ½ cup instead of ¾.

Turn on the bread machine and take it easy until its done.

Happy Eating.

