

Guacamole

- 5 Ripe Avocados
- 1 to 2 Serving Spoons of Sour Cream
- ½ t. Lemon Juice
- 2 Shakes Seasoning Salt

Optional

- 1 Small tomato (diced)
- ½ Small onion (diced)

Halve, peel, remove pit and place ripe avocados in a bowl. Mash down and then blend with an electric mixer. Add sour cream and blend. Add lemon juice, seasoning salt and blend.

Hand stir in tomato and onion.

Serve with tortilla chips, burritos, tacos, tostadas or taco salads.

Happy Eating.

